

Postcards From My Mind:

Poetry Collection Vol. 1

Christopher Setterlund



## **Forget**

I will not forget you. I will not forget how you made me feel. I will not forget your eyes. I will not forget how they heated my frozen heart. I will not forget how you could dissect me completely in a word or a wink. I will not forget the way I fell up and down and all around like you were the last car of a rollercoaster. I will not forget how flowers and candy would have insulted your place in me. I will not forget that forever is not that far. I will not forget how I can hear your voice in my mind, how it sings me to sleep like a gentle lullaby in the night.

I will not forget the first time, it was the only time I needed. It was the time my faith I conceded, to the higher power able to deliver what I had never before seen. I will not forget the wings, the Aphrodite silhouette, the way you could fly without leaving the ground. I will not forget how I knew you before I met you. How nothing could prepare me for you. How I needed to catch myself before I fell. How I gave in without struggle. I will not forget how you blew down my wall like a house of cards, and melted my armor to scrap with a touch. I will not forget how I broke my own heart for you. How all the signs couldn't prevent the crash, all the sun's power didn't make me blind. I will not forget you. I will not forget how you made me feel. I will not forget love, and how for one shining moment it saved me from myself.

## **With Love**

With love I give you my hand.  
Around your finger a golden band.  
With love I pledge eternity.  
Until forever's eyes can no longer see.  
With love, I give love.  
Only the deepest and purest love.  
With love I lose my shape and gain my identity.  
All I have is yours, what I am is all that you've made me.  
With love I stop shedding tears.  
I cry for the happiness here after so many years.  
With love I stop chasing and searching.  
Everything I've ever needed is filled by you.  
With love, so in love, I am found.

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## **Don't Believe**

Don't believe in God anymore. Don't believe in what I can not see. Don't believe in what I'm told anymore. Have no other reason to be. Don't believe in heaven and hell. Just empty light years of nothing, and hot rock underfoot. Don't believe in love and hate. It all takes too much and gives so little. Don't believe there a reason to change, it's a tightrope over this world, don't rock it, don't slip. Don't believe I deserve another chance. Fucking up is in my plans. Don't believe in wasting time sitting back a slave to my mind. Don't want to age, don't want to stay young. Don't want to see clear, then there's no going back. Don't want to eat my heart out, don't want it to grow mold. Don't want you to feel sorry, or tell me it's all over.

I just want peace of mind, to wake up and know what's mine. To reach out and feel what's there, to fall down again and again and not care. I just want to be free, from the weight and the fears. To be free from the heavy heavy heart, and wipe clean those sad sad years. I just want to strip down to all I need to get by, rid myself of all the useless worry forcing me to believe.

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## **Broken Again**

Here you are again, standing beside me. You're making me weak again, I'm halfway back to you. So you're looking at me again, a way I remember. You're making me think again, I'm lost in the memories. Now you're talking to me again, about the way that it used to be. Oh how I want to believe it's true, but I catch myself from falling. You broke my heart. You left me in the dark. You stood me up and kicked me out. I've walked back to you a hundred times. This time I'm holding the cards, not showing my hand, I'm leaving you now, I've seen the light through you this time.

You're sending me notes again, oh how much you need me. You're making me cry again, I break so slowly. So you've learned from mistakes again, over and over I'm dying. You're driving me crazy again, I don't want to see you're lying. Now here you are again, at my door in the middle of the night, swearing to anyone this time you'll make it right. You stumble in and hit the ground my heart falls too without a sound, drunken words fill the air, but when you're dry again, I won't matter again.

Here I am again, staring at myself, will I ever understand. I finish another bottle again, reality and dreams blur and we're together again. All of the reasons don't matter, all the pieces traced back to the shatter, my bones like glass under your weight. Here I am again, phone in hand you're not there. I'll just let go and pretend not to care, on into the night I tell myself I'll be all right. Here comes the pain again, here come the tears again, here comes the blame again, can't look you in the eye again. Here you are again, standing beside me, and here I am walking away.

## **A Table By The Sea**

It's crazy, that feeling inside. Like a river's current, I can't stop this course I'm on. I feel helpless, like a baby in its mother's arms who can only sleep to escape. I look at everyone, thinking of what's to become of me, their blank stares grow familiar. It's uplifting to know nothing is forever. I'd give up everything cause it has no use to me now. I'm just guessing like I thought I was all along. I'm still working on writing the perfect song. Life comes full circle, now I'm under my own thumb. Can't get out of bed, tired, lonely, kick me in the head. Everyone looks, waiting for time to set me free. Everybody's looking, nobody's lending a hand. Everybody's pushing, knocking me down. I've lost all control and night's all I've found.

It's crazy, these feelings coming to a boil while life hibernates. It's the middle of the ocean and I can't see land. Everybody's looking, nobody's lending a hand. Tossing me around to see where I stand. And you all still think this is something I've planned. If it's over, where did it begin? If I'm already gone is everyday a sin? Walking crooked miles, the bumps find me, changing positions, changing styles. Nothing fits, this skin is on too tight. Seems getting it wrong is all I can get right. Please leave me if you won't help me through. I'd rather be alone than be a specimen under a microscope's view.

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## Element

For so long I thought life was over. That the only thing I had left was getting older. Now I can see the light, breaking through where the clouds once held me. I can see the light shining down into the dark shadows where I lived my life. Have you ever forgotten to stop the pain? Like a leaking faucet where the drain is clogged, eventually it will spill over. Would you forget love if it hurt you so? Could you see light through the heartache? Now I can see the light and I believe it's here to stay.

My love is solid, crack it, but it will not break. My love is forever, I can't imagine being without it. It's always been there, I just couldn't see, it's everywhere around me. In my everyday, everything I do, it's the love that remains true. You're my angel for what you've shown, my savior for bringing me closer to myself. I love you for who you are. I love you for what you've given me.

Have you ever looked in the mirror so tired of what you see? How can you give love if you can't find it in you? Do you wish for a well where love flows and runs through your fingers? Where is it supposed to be, this everywhere love? It's the love that I've found, that I can never lose. It's the love I have that always there. My everywhere love is the love inside of me.

You may not have the most beautiful love, you may not have the strongest. But it can be all the beauty and strength you need if you believe in it. When your life is beautiful then you'll find it's love that made it so.

## **Mind Speak**

When my body is tired and my eyes are heavy  
The thoughts come in like breaks in a levee.  
My mind is clear but my soul is cluttered  
Like a cocoon setting free the butterflies flutter.  
Read in, write on, the hand knows what the heart wants.  
Raindrops ignored grow to raging floods.  
Whispers blocked out become angry mobs.  
I can not just let pass by, wisdom or fantasy in my mind's eye.  
It says to hear me, need me, release me.  
Don't forget me, sleep on me, lose me into the night.  
When the darkness falls, inner vision calls.  
A conversation where middle never reaches end.  
A constellation where the words and images do not match.  
An inspiration to pull me out of my heart and mind, to go deeper inside of me.  
A reparation of a loose end waiting years to be tied.  
A separation of true emotions and times where the feelings lied.  
When my body aches and the sleep is knocking  
Only the pen in hand can stop my mind from talking.

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## **Prayer By Candlelight**

I'm saying a prayer tonight. That in time our sinking ship will right. Each day is tainted, each word is meaningless unless covered in blood. I'm saying a prayer by candlelight. hoping that soon the sun will rise again. The dark is where they hide, where we're stalked. I pray for the face of fear to be afraid. For the sight of evil to end its life. Hope will never leave us, so long as we've reason to live on. I pray to never lose sight of those reasons. The scars will heal, time will prove us right once more. Mountains may fall from the sky, seas may overtake the land someday, our colors will line the world that remains. I'm saying a prayer in the silence of my heart. That we have power to forgive those who are caught in between. Not all of us will meet on the other side of this deep river, some will be swept away. I'm saying a prayer for those gone and those who may join them. Believe nothing we've done is in vain, our children and theirs will live in peace.

In my eyes none of you are very far, everyday I wake you remind me why.

Sometimes the only way to make peace is to fight. Heaven wasn't created overnight. Destiny, theirs and ours lies on the ground, seas, and air. The shades of gray have been wiped away. I'm saying a prayer tonight. For all of us willing to put up the fight. In time the waters will recede, every mountain can be climbed. I'm saying a prayer tonight, for you, for me, for us. We will overcome, we must never forget, but we must move on. Our futures begin today.

--9-11-2001 We Will Never Forget

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## She Came Along

Looking at the way things have gone, it's amazing that I haven't just shut down. What goes around comes around, it's like dodging bullets as they fall to the ground. Facing up to the past, making promises I hope will last, it's all too much, hitting so fast. When it feels like everyday is the last note of a beautiful song. The time is right, but the place is wrong. When I'd given up and packed it in, she came along. If all I knew of her was her smile, a beautiful picture in my eyes would it still paint. If all I could do was wait a while, a thought of what I'd seen would be enough. Afraid of letting go, afraid of holding on. Do I let her in my heart, is she already there?

Looking back on things I've said and done, it's amazing I'm not too frozen to move by now. What you give off is what you get back, it's gluing myself together as I continue to crack. Now I can see that what you wish for you may receive, it's giving hope to all of the dreamers. With every step I get farther, with every breath I get closer. Planets and stars, the empty glass window the sky lies beyond, the only road I've ever needed, then she came along. All I knew of her was she made me smile, something countless others couldn't find. All I knew of her was she made it easy, easy to do what I thought I'd never do again.

If she was ready, could she wear the crown?  
Cut the strands of sadness holding me down.

If she was willing, would she swim the oceans with me? Float on our backs til all the land disappeared. If she was able to turn sand to glass blindfolded, what could she do if she opened her eyes?

If she was ready, would I be ready? To fill the emptiness. To light the darkness.  
If she was willing, would I be willing? To unchain the locks. To free the me inside.  
If she was able, would I be able? To give her what she needs. To accept her for who she is. Looking back, I'm only looking back as far as my eyes and mind will let me.  
But in time, I may find, that I never felt like I belonged, until the day she came along.

## **There Goes The Sun**

There goes the sun. Running away to find another day. Where does it go when it's gone? The light never dies, never disappears. It just takes different shapes when to our eyes it appears.

There goes the sun. Though I'd hardly known it was there. I slept late this day so when it was gone it was only noon in my mind. Still I can pretend that sunset has no end. I'll close my eyes and let it stay in my mind.

There goes the sun. Taken for granted til only darkness remains. All we need, all we love, all that is beauty has no face without it. I know I may just say, but tomorrow I swear I'll pray that the light never leave me again.

There goes the sun. There too, goes the day. There goes the sun. All it gave was everything I was too simple to understand. There goes the sun, fading into black. From my mind, fading to the back. Where does it go when it's gone? Will it rise again? The sun is always rising for someone, somewhere. There goes the sun, and I say it's all right.

-in memory of George Harrison

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